

Hypnotherapy Professional Practitioner Course

*Royal Berkshire College of Clinical Hypnosis
Reading, Berkshire
01189 888 839
Principal: Kevin Still*

Berkshire's premier hypnotherapy college offers you the opportunity to train for a career in hypnosis and hypnotherapy.

Royal Berkshire College of Clinical Hypnosis, a professional and lively training establishment and is accredited by the following major bodies:

The Association for Professional Hypnosis and Psychotherapy (APHP)



National Register of Psychotherapists & Counsellors (NRPC)



The National Register of Advanced Hypnotherapists (NRAH)



When you complete our Professional Practitioner course, you are automatically eligible for membership of these professional associations.

Hypnotherapy is a rewarding career, helping others to achieve their full potential in life, free from the conditions that have held them back. It is also a flexible career, there are no age limits, you can work full time or part time, whichever hours suit your lifestyle. So you may fit your hypnotherapy career around other commitments.

The Principal of the Royal Berkshire College of Clinical Hypnosis Kevin Still and Senior Lecturer, Keith Pearce, have extensive experience in successful full time private practice as Hypnotherapists. Prior to this Kevin worked in the corporate world as a Sales & Marketing Director.

Both trained at the Essex Institute of Clinical Hypnosis with Terence Watts, one of the UK's most highly qualified and skilled hypno-psychotherapists.

Find out more about our hypnosis/hypnotherapy training now!

Contact information

You can contact RBCCH as follows:

Royal Berkshire College of Clinical Hypnosis

2 Fairway Views
Binfield
Berkshire
Berkshire, UK RG42 4BZ

Kevin Still
01189 88 88 39
ks@rbccch.com

COURSE INFORMATION - *The Professional Practitioner Hypnotherapy Course*

This is the perfect course to study if you want to go into practice, either full time or part time, as an effective professional clinical hypnotherapist. The training programme has been designed to give you a thorough and sound knowledge of the application of ethical clinical hypnosis and hypnotherapy, even if you have no previous experience in the field.

The one-year course is of approximately 400 hours duration, including more than 150 hours of classroom study, and leads to a full Diploma qualification (DHP) with the opportunity to join the following leading Hypnotherapy Organisations:

- ☐ **The Association for Professional Hypnosis and Psychotherapy**
- The National Register of Psychotherapists & Counsellors (NRPC)**
- The National Register of Advanced Hypnotherapists (NRAH)**

On this hypnosis course, you will learn all the skills you need to be able to put people safely and effectively into hypnosis. Moreover, you will receive a good grounding in therapeutic techniques to help people overcome the conditions they present with.

But it's not just about gaining professional qualifications in hypnosis and hypnotherapy and psychotherapy; our tuition includes business advice from setting up your practice, advertising and marketing, to accounts and finance.

The following subjects - and far more - are all covered in detail:

- Definition of hypnosis, what it can and cannot do
- How to build a successful hypnotherapy practice
- Differences between the stage hypnotist and the hypnotherapist
- How to hypnotise almost anybody - including yourself
- Choosing the best way to hypnotise someone
- How to recognise when somebody IS hypnotised
- How to effect safe release from the hypnotic state
- Direct and indirect therapeutic intervention
- How to get to the 'roots' of problems
- Working with pain and physical illness
- Working with fear/phobias
- Helping people to stop smoking
- Dealing with stress, anxiety and depression
- Successful client management
- A method for understanding the different personality types
- EFT (Emotional Freedom Therapy)
- NLP (Neuro Linguistic Programming)
- Past Life Regression
- A whole day on Weight Management

To sum up – showing you how to help with any social, emotional or psychological conditions

The course includes the 'Easy Stop Smoking Programme'. This programme is one of the most effective available.

When you pass the final examination, you will receive:

- The 'How to Build a Successful Practice' manual, containing full details of how to be the most successful therapist you can be.
- A CD of copyright-free music for you to use as background music in the consulting room or on any CD's you make for clients or for sale, without breaching the copyright laws.
- A Graduation Pack CD which includes the entire course, so that you can easily run a search on your PC to find information easily and quickly!

and of course...

- A framed and personalised diploma for your consulting room wall.

When you enrol as a student, you will receive:

- Over a 100,000 word, professionally written and prepared course at the rate of one module per month
- A comprehensive required reading list (books included in course fee)
- Over 150 hours of Classroom Study
- Free email & telephone support

What will I be able to do?

Using therapies that we will teach you such as Hypnotherapy, Hypnoanalysis, Psychotherapy, NLP, EFT and talk therapy you will be properly equipped to go into professional practice as soon as you receive your qualification from the Royal Berkshire College of Clinical Hypnosis. You will be competent enough to work effectively with most issues, including but not only:

- | | | |
|--------------------------|-------------------------|------------------------|
| + Stopping Smoking | + Dealing with Habits | + Anxiety and Stress |
| + Personal Problems | + Phobias and Fears | + Weight Control |
| + Pain Relief | + Many Depressions | + Test/Exam Fears |
| + Unresolved Grief | + Work Related Stress | + Confidence Problems |
| + Sleeping Difficulties | + Poor Self Image | + Career Enhancement |
| + Goal Achievement | + Relationship Problems | + Public Speaking |
| + Psycho-sexual Problems | + Concentration | + Sporting Enhancement |
| + Past Life Regression | | |

In the Classroom

Ten consecutive, monthly, intensive two-day weekend classes providing a total of 150 hours of tuition, coupled with a few more hours per week of home study. A required reading list is provided along with the written course at a rate of one module per month. There will be a requirement for two assessment essays to be completed, along with monthly assignments of case studies and a half-way interim test during the course period to further assess your progress.

Lifetime Support

The 10 month hypnosis instruction course is comprehensive enough for you to be able to successfully and competently go with your new hypnotherapy career into private practice as soon as you are qualified, safe in the knowledge that you have the lifetime support of the principal and staff of the Royal Berkshire College of Clinical Hypnosis. At any time you need professional help or advice, we are here to answer your queries. And that support is **completely free** (some schools and colleges charge their usual session fee per hour or part hour for this service)

Fees

Course fees may be paid by cash, cheque or credit card.

The total cost of the course is **£2350.00**. If you wish, you can pay via ten monthly instalments of **£235.00**. A **£200 discount** applies when the course fee is paid in full in advance.

All required books and lunch are included in the fee for the course; there is nothing else to pay.

Exam passes and qualifications

Students who successfully pass the exams and assessments will receive a Diploma in Hypnotherapy, and therefore can use the letters **DHP** in relation to all professional endeavours.

and will also be eligible for:

- **LAPHP (Licentiate of the Association for Professional Hypnosis and Psychotherapy)**
- **LNRPC (Licentiate National Register of Psychotherapists & Counsellors)**

In the event that you should fail the final exam, you will be able to retake it after a suitable period of further study at home.

When can I start?

The course is held at weekends and starts at a set time. The next course starts on 14th September 2019. Please see list of dates below. Entry onto the course is simple - just complete the student application form at the end of this prospectus and either mail or email it to the address shown on the form.

14th & 15th September 2019

12th & 13th Oct 2019

16th & 17th Nov 2019

7th & 8th Dec 2019

11th & 12th Jan 2020

1st & 2nd Feb 2020

7th & 8th March 2020

4th & 5th April 2020

9th & 10th May 2020

6th & 7th June 2020

MEET THE TEAM

Kevin Still *College Principal*



Kevin is a gifted Hypnotherapist, Psychotherapist and NLP practitioner, with his own successful practice in Reading. His background as a Sales and Marketing Director with first class presentation skills makes him the ideal course presenter at the Royal Berkshire College of Clinical Hypnosis, bringing his own unique blend of knowledge and humour to the classroom. He has a great interest in sport, being a fully qualified trampoline and squash coach and an ex-international sportsman.

Kevin was the Director of Ethics for the National Council for Hypnotherapy 2005-2008, the UK's largest hypnotherapy body. In 2013 Kevin was awarded the title of Fellow of The Association for Professional Hypnosis and Psychotherapy (FAPHP), an honour bestowed on a select few in recognition of their skills and contribution to the field of Hypnotherapy and Psychotherapy. Currently only 14 therapists have received this title worldwide. In addition to his private practice, Kevin was also a Family Support Therapist employed by Surrey Heath Borough Council.

Charlotte Hartley *Lecturer*



Charlotte Hartley is a qualified Hypnotherapist, Hypnoanalyst and a practitioner in NLP and EFT, having trained at The Royal Berkshire College of Clinical Hypnosis. She has two highly successful private practices, working with all ages on a wide variety of issues.

Charlotte originally trained as a teacher and has taught in secondary schools for over 20 years. During that time she has been a Head of Year and worked with a variety of external agencies to support young people and their needs. She has used her experience as a therapist as well as a teacher to deliver workshops in a number of schools to deal with exam anxiety, anger issues and mental health awareness.

Combining her excellent communication skills as a teacher with her passion for hypnotherapy, Charlotte is an inspiring lecturer for The Royal Berkshire College of Clinical Hypnosis.

Amanda Brundrett *Teaching Assistant*



Amanda qualified from The Royal Berkshire College many years ago as a Hypnotherapist and also has a degree in Psychology. Amanda has a thriving practice in Princes Risborough, High Wycombe & Reading and assists Keith and Kevin on the course

Training Venue

Highfield Park - Church Lane, Heckfield, Reading RG27 0LG

Directions

By Car

Exit the M4 at Junction 11, follow signs towards Basingstoke on the A33. Continue on through two sets of traffic lights. At the roundabout (end of the dual carriageway) continue on. Take next left, opposite the Wellington monument and continue half a mile. At the roundabout turn right towards Hook. After 150 yards, turn right into Church lane. The entrance to Highfield Park is directly in front of you.

Exit the M3 at Junction 5, Follow signs for Reading - B3349. At first roundabout take second exit signposted Bartley Wood Business Park (B3349). Continue on to next roundabout and take second exit - B3349. Continue on to a third roundabout at junction with A30 and continue straight on. Remain on this road for 4 miles until you reach Heckfield. After passing the New Inn Public House on the right, continue up the hill for a quarter of a mile and turn left into Church Lane. Entrance to Highfield Park is directly in front.

By Rail

Hook station is approximately 4 miles from Highfield Park and offers regular services to London Waterloo.

By Air

Heathrow Airport is approximately 50 minutes away.

Royal Berkshire College of Clinical Hypnosis

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Application Form

Date of Application:

Your Details:
Name: (Mr/Ms/Miss/Mrs/Title) First Name: Surname:
Address: Post Code:
Telephone: Home: Mobile:
Email:
Date of Birth: Nationality:
Marital Status: <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Living with partner <input type="checkbox"/> Divorced/separated
Current occupation:

Brief Occupation History:

Your Hobbies:

What other subjects have you studied as an adult (whether or not you obtained any qualifications)?

Have you had, or do you have, any serious illnesses (including psychiatric/emotional)? If 'Yes', please give brief details here:

The course you wish to study:

Have you any previous training in hypnosis, hypnotherapy or psychotherapy? If 'yes' please give brief details:

Please give details of why you wish to study hypnotherapy

How did you hear about the Royal Berkshire College of Clinical Hypnosis?

References

Our accrediting bodies require us to ensure your suitability to train and work as a hypnotherapist. Please provide contact details of two people who we may contact for a personal reference.

First Referee Name:

Address:

..... **Post Code:**

Telephone: **Occupation:**

Second Referee Name:

Address:

..... **Post Code:**

Telephone: **Occupation:**

Signed (student):

Please ensure that you have completed all relevant sections of this form and signed it. Then send it to the address above or email to bookings@RBCCH.co.uk

Payment

Current fees £2350, or £2150 if paid in full before the first weekend of the course

Deposit

Please enclose payment with this application of £235 by cheque/bank draft (please make cheques payable to 'RBCCH') to secure your place

Balance (Payable two weeks before the first weekend of course)

Balance of discounted upfront payment £2150-£235=£1915

or

£235 By instalments per monthly module (Your deposit will be used for the last weekend)

Any questions?

If you have any questions or queries about completing this form or about the course itself, please contact Kevin by telephone or via email: 01189 888839 ks@RBCCH.com.